TREK PACKING LIST:

- ☐ Comfortable Daypack
- ☐ Reusable Water Bottle
- ☐ Hiking/Athletic Shoes
- ☐ Rain Jacket/Poncho
- ☐ Toiletries
- ☐ Sleeping Bag
- ☐ Pillow
- ☐ Bible
- ☐ Journal
- ☐ Pens/Pencils
- ☐ Flashlight/Headlamp

- ☐ Any Medications
- ☐ Swimsuit
- ☐ Towel
- □ Bugspray

EXTRAS:

- ☐ Camera (Phones not
 - allowed)
- □ Sunscreen
- □ Sunglasses
- ☐ Hat
- ☐ Sandals/Flip Flops

